

Nadi Dosh: Effects, Types, And Remedies in Kundli Matching



The birth chart of individuals tells in detail about the qualities and other details of the individual. As much as they reveal how a person acts personally, it shows how compatible two people will be. Of the 36 Gunas, there is Nadi Guna, which causes Nadi Dosh if two people have the same Nadi. To know about Nadi Dosh and its effects on individual horoscopes you can consult Astrologer Chirag Daruwalla.

Before marriage, the horoscopes of two persons – bride and groom – are seen. This clearly shows how compatible two people will be with each other. From their thoughts to their actions, matching qualities reveal everything. According to horoscope matching, there are 36 qualities. Out of those thirty-six qualities, eight points belong to Naadi Guna. Therefore, if Nadi Dosh is present in a person's horoscope, his future generations become weak. Chances are high that the couple may not have any children.

What is Nadi Dosh in astrology?

According to Vedic astrology, there are three nadis in the human body. The first is known as Adi Nadi, which represents the Vata (air) element. It shows energy flow from bottom to top. The second nadi is the middle nadi, which represents the pitta (fire) element. It shows energy flow in both directions. The last pulse is

Antya Nadi. This nadi represents the kapha (water) element and shows energy flow from top to bottom.

According to horoscope matching, Nadi Dosh indicates a defect in a person's horoscope. As a result, the defect causes many issues and troubles in the married life of the couple. When astrologers match horoscopes and there is a conflict in the Nadis of both individuals, Nadi Dosh arises. Suppose, the man has Aadi Nadi and the woman has Adi Nadi, then married life is considered auspicious. However, if the woman also has Adi Nadi, the score for the Nadi will be 0. Thus, Nadi Dosha is formed. If you want to know about the effect, types, and treatment of Nadi Dosha in horoscope matching then you can seek a [talk to astrologers](#) from famous astrologer Chirag Daruwalla.

Nakshatras and Nadi

In Vedic astrology, there is a Nadi associated with each Nakshatra. According to the astrologer, each nadi controls nine constellations. Thus, we can say that a Nadi for delivery is prescribed according to the Nakshatras.

- Therefore, if the position of the Moon is in Ashwini, Ardra, Uttaraphalguni, Hasta, Moola, Punarvasu, Jyestha, Purvabhadrapada or Shatabhisha, then the child has Adi Nadi.
- If the Moon is in Bharani, Pushya, Mrigashira, Chitra, Purva Phalguni, Purvashadha, Anuradha, Uttarabhadrapada, or Dhanishtha Nakshatra then the person has Madhya Nadi.
- Finally, when the Moon is in Rohini, Ashlesha, Krittika, Swati, Uttarashadha, Vishakha, Revati, Magha, or Shravan Nakshatra, the nadi is Antya Nadi.

Types of Nadi Dosha in Astrology

As mentioned earlier, there are three types of nadis – Adi, Madhya, and Antya Nadi. People believe that according to Ayurveda, these three represent Tridosha in Ayurveda. The following are the three Nadi Doshas and their effects on the marital life of people:

Adi Naadi Desh

If the couple faces this defect, they will have to face divorce and arguments. There is also a possibility that people may face problems related to children.

Madhya Nadi Dosh

Due to this defect, the couple faces misfortune and divorce. Also, their child may inherit health problems and have a childhood filled with illnesses.

Antya Nadi Dosh

Due to this defect, the partner may die. Marital life will be cold and there will be health problems at an early age.

Effect of Nadi Dosh on Horoscope

Nadi Dosha can be dangerous for the married life of two persons. Therefore, the person must get his horoscope matched with an astrologer before his marriage. As important as mutual understanding between the couple is, it is equally important for their horoscopes to match.

See how Nadi Dosh can affect the lives of married people:

- There will be a lack of mutual compatibility between men and women. Moreover, one of them may get angry, while the other will be calm.
- There may be misunderstandings between the couple. There will be everything from differences to fights among the people. All this will lead to constant fights and turmoil in the marriage.
- Due to the effects of Nadi Dosha, the couple will hardly be able to enjoy a prosperous life. There will be no abundance. Chances are high that either partner may face continuous losses and failures in life.
- Another effect of Nadi Dosha is that the health of the person deteriorates. Diseases will persist. All this can lead to financial problems due to illnesses and ailments of both or one partner.
- The married life of such a couple will be cold and unromantic. There will hardly be love between the two partners. There may also be a lack of understanding and attraction. In a worst-case scenario, the couple may face separation or divorce.
- Moreover, such married couples may face serious or sudden death. There is also a possibility that one or both partners will face accidents frequently.

- Constant doubt and lack of trust in the other partner are other effects of Nadi Dosha. All this will make the family environment negative, stressful, and turbulent.
- Along with all this, there may also be problems related to children. Women may have difficulty conceiving. However, on the other hand, there is a possibility that the couple will have a child after several years of marriage. But, if the dosha is strong then either partner will face infertility.
- Anxiety, mental stress, and turbulent life will be a permanent thing in marriage. Additionally, the couple will also notice things going from bad to worse in no time during any conversation.
- Children of such people continue to have health problems throughout their lives. There will be diseases and ailments. If they have recovered from one disease, it will not take time for them to get infected with another disease.

Remedies for Nadi Dosh in Vedic astrology

To reduce the effect of Nadi Dosh in the horoscope, the person can adopt the following measures and remove its inauspicious effects:

- After marriage, the person can chant Maha Mrityunjay Mantra to get rid of Nadi Dosha. Chanting this mantra with full devotion will make the married life of the couple strong and prosperous.
- To remove Nadi Dosh during horoscope matching, you can also perform Nadi Dosh Nivaran Puja. This will eliminate negative effects.
- Donation is considered extremely auspicious in Vedic astrology. Therefore, it is advised that the couple donate money, food, and other essential items to the poor and needy to remove Nadi Dosha in [Kundali Match Making](#).
- To bring positivity to marital life, people will have to keep themselves optimistic. Also, meeting and interacting with positive thinkers will help keep stress away in the relationship. Along with this, the couple should also control their argumentative nature and quarrelsome attitude.
- Additionally, as a remedy for Nadi Dosha, the couple can wear gemstones, keep yantras, and chant mantras on the advice of an astrologer.
- Apart from this, donating food to a Brahmin or feeding fodder to a cow is also helpful if Nadi Dosha is present in a person's horoscope.